

## WHAT IS ZINC EXCESS?

Zinc toxicity is a medical condition involving an overdose on, or toxic overexposure to, zinc. Such toxicity levels have been seen to occur at ingestion of greater than 225 mg of zinc. Excessive absorption of zinc can suppress copper and iron absorption.

## TYPES OF ZINC EXCESS

1. Nausea and Vomiting..
2. Stomach Pain and Diarrhea. Typically, stomach pain and diarrhea occur in conjunction with nausea and vomiting. ...
3. Flu-Like Symptoms. ...
4. Low Good' HDL Cholesterol. ...
5. Changes in Your Taste. ...
6. Copper Deficiency. ...
7. Frequent Infections.

## REASONS OF ZINC EXCESS

It causes slow growth in infants and children, delayed sexual development in adolescents and impotence in men. Zinc deficiency also causes hair loss, diarrhea, eye and skin sores and loss of appetite. Weight loss, problems with wound healing, decreased ability to taste food, and lower alertness levels can also occur.

## SYMPTOMS OF ZINC EXCESS

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2. Stomach Pain and Diarrhea
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## NEUROTHERAPY TREATMENT

(10) Pan - to be given daily

Note: Avoid eating food from cans.